



John Medlin III
Co-Owner, Rockland Athletic Supplies

John has worked with his family business since 1995, first part-time while in school and then full-time in 2002. Rockland Athletics currently has over 30 employees and continues to grow as a small business located in Rockland center. They offer custom screen printing, embroidery, engraving, promotional products and more.

Supporting the community and helping others is a huge part of what John and Rockland Athletics is all about. One of their proudest ways of giving back is being a member of the South Shore Hospital Presidents' Circle. As a member of this, their monthly donations to the hospital are used towards new equipment or projects that help the nurses and doctors give their patients the best treatment possible. The new ICU is the most recent addition to the hospital that was made possible because of the generosity of the businesses in the Presidents' Circle.

John serves on a number of boards including: Co-Chair of the Rockland Chamber of Commerce; Regional Vice Chair of the Plymouth County GOP; VP of Sales and Equipment Marshfield Youth Soccer; Co-Chair of the annual Walk to Cure Scleroderma and Committee member of the Pembroke RTC.

John also often volunteers with Boston Cares, and in 2010 he went with a group to help rebuild homes in New Orleans after Hurricane Katrina. When he's not working, he enjoys spending time with his family and enjoying the outdoors.